



2026 BIG HUG Challenge!

Complete as many BIG HUGS as you can across all 50 states!

You do NOT need to complete all 3 Big Hugs for each state — every Big Hug counts!

You have until October 31, 2026 to complete the challenge.

There may be a surprise halfway check where MORE prizes could be available!

Whoever completes the MOST Big Hugs and sends us a photo of their finished sheet wins the hardcover collection book (valued at \$45)!

Name: _____

Email: _____

Completed On: _____

Watch & Learn on YouTube: @bighugsforkids

Alabama

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Alaska

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Arizona

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Arkansas

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

California

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Colorado

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Connecticut

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Delaware

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Florida

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Georgia

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Hawaii

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Idaho

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Illinois

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Indiana

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Iowa

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Kansas

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Kentucky

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Louisiana

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Maine

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Maryland

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Massachusetts

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Michigan

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Minnesota

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Mississippi

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Missouri

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Montana

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Nebraska

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Nevada

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

New Hampshire

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

New Jersey

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

New Mexico

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

New York

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

North Carolina

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

North Dakota

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Ohio

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Oklahoma

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Oregon

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Pennsylvania

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Rhode Island

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

South Carolina

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

South Dakota

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Tennessee

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Texas

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Utah

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Vermont

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Virginia

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Washington

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

West Virginia

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Wisconsin

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____

Wyoming

Big Hug 1: _____

Big Hug 2: _____

Big Hug 3: _____